

How to get help

If you are in immediate danger call **999**.

To get help from Bromley & Croydon Women's Aid for yourself or a client:

+ CALL our mainline on **020 8313 9303** to talk to our team (choose option 1 for support) Monday to Friday 9am – 4:30pm

+ EMAIL us at

+ To get help outside our office hours, ring the FREE 24-hour
on **0808 2000 247**.

One Stop Shop

Every Thursday between 1:30pm and 4pm. This free and confidential service is for anyone who has experienced or is currently suffering from domestic abuse, who feels that they could benefit from any help or advice.

Our Thursday face-to face drop-in sessions are suspended until further notice but we are running this service virtually and all the usual support is available by phone during the normal hours.

Representatives from BCWA and the following agencies are available to help and advise:

- Bromley Housing Options
- Family Law Solicitors
- Immigration Solicitor every 3rd Thursday of the month

To use the Virtual One Stop Shop just call our Mainline on **020 8313 9303** and say you are calling for One Stop Shop Services, and one of our team will help you.